

SSM 82 – HEALTH AND SAFETY MANAGEMENT

This course is designed to offer a comprehensive understanding of Health and Safety in practice. It combines the latest policy and research with practical application of Health and Safety, both at work and in everyday life.

WHO SHOULD ATTEND?

It is recommended for anyone dealing with health and safety responsibilities, for example, managers, supervisors and employee representatives, to carry out their duties at work and more effectively and to protect the organisations for which they work.

COURSE CONTENTS

Session 1 – Introducing Health and Safety concepts

Basic Concepts

- What is an accident?
- Action in emergencies
- Preventing accidents
- Manual handling
- Slips and trips
- Fire hazards and precautions
- General hygiene

European Legislation, Standards and Guidelines

- The role of the OHSA
- EU Legislation Directives
- EU Legislative Standards
- Guidelines towards EU standards
- Current EU proposals

Session 2 - Management of Health and Safety

- Health and safety foundations
- Policy
- Organising for health and safety
- Promoting a positive health and safety culture
- Risk assessment
- Principles of control
- Monitoring review and audit
- Incident and accident investigation, recording and reporting

Controlling Workplace Hazards

- Movement of people and vehicles - hazards and control
- Manual and mechanical handling hazards and control
- Work equipment hazards and control
- Electrical hazards and control
- Fire hazards and control
- Chemical and biological health hazards and control
- Physical and psychological health hazards and control
- Construction activities - hazards and control

Session 3 – First Aid and Preventing Accidents

First Aid

- Dressing and Bandages
- Electric Shock
- Burns, Bruising and falls
- Resuscitation
- Contact with chemicals and toxic fumes

Preventing Accidents

- Manual handling
- Safety of persons at risk
- Using equipment and appliances safely